



Celebrating the Moments

This year marks a special one for TexanPlus. We've embarked on our 15-year anniversary as a Medicare Advantage plan in Houston and Beaumont, a remarkable achievement that could not have been possible without you.

To celebrate these 15 wonderful years, we've included 15 tips to help you stay on track with your health and wellness goals.

From learning about taking your medicines safely to reading about good old-fashioned flossing, this issue gives you 15 simple ways that we hope will bring healthy moments into your life.

With every passing year, we will continue to celebrate the moments you make happen – with healthy choices like going to the doctor each year for your Annual Physical Exam, completing the tests and exams found on the preventive checklist included in this magazine, and continuing coverage with TexanPlus so you have the important benefits and no-cost services you need to live healthy at all times.

After all, when you are feeling healthy and at your very best, you can pursue your passions and embrace all of the special moments life has to offer.

And always know that our helpful Member Services team is ready to answer any questions you may have about your plan and utilizing your plan benefits and no-cost Live Healthy services. You can reach us at the phone number on the back of your Member ID card.

Wishing you many more moments to celebrate with us.



Erin Page
President, Medicare Advantage

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